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| **Lesson Plan** | **Class:**  **Physical Education 9** | **Date:** 9/6 |
| **Topic:** Introduction to Football |
| **Learning Objectives** | **Standards** | **Materials** |
| The Student Will Be Able To:Throw and catch 5 passes cleanly with their partnerIdentify 3 different routes that are used in football | PA Standard:10.4.9.D10.5.9.B | 11 footballsProper fitness attire |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | **Strategies*** ~~Think/Pair/Share~~
* Graphic Organizer
* PBL
* ~~Tech Integration~~
* Gamification
* Task Cards
* Peer Teaching
* Self Assessment
* Growth Mindset
* Other:
 |
| WarmupRun/jog 2 minutesPushups 30 secondsSit-ups 30 seconds |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers |
| \* Read pages 6-10\*Slideshow covering Chapter 1 Lesson 1 \*Introduce Health Triangle Project |
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric |
| \*Class Discussion/ Slideshow Questions |
| **Differentiation** |
| *Enrichment* |  | *Accomodations* |  |
| Written Paragraph:Explain why social health and mental/emotional health are just as important as physical health when determining an individual’s level of overall wellness.  |  | \*Preferential Seating\*Small Group and/or One on One Assistance\*Printed Slides with area for notes\*Extended time for work completion |  |

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