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| **Lesson Plan** | **Class:**  **Physical Education 9** | | **Date:** 9/6 |
| **Topic:** Introduction to Football | | | |
| **Learning Objectives** | | **Standards** | **Materials** |
| The Student Will Be Able To:  Throw and catch 5 passes cleanly with their partner  Identify 3 different routes that are used in football | | PA Standard:  10.4.9.D  10.5.9.B | 11 footballs  Proper fitness attire |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | | | **Strategies**   * ~~Think/Pair/Share~~ * Graphic Organizer * PBL * ~~Tech Integration~~ * Gamification * Task Cards * Peer Teaching * Self Assessment * Growth Mindset * Other: |
| Warmup  Run/jog 2 minutes  Pushups 30 seconds  Sit-ups 30 seconds | | |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers | | |
| \* Read pages 6-10  \*Slideshow covering Chapter 1 Lesson 1  \*Introduce Health Triangle Project | | |
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric | | | |
| \*Class Discussion/ Slideshow Questions | | | |
| **Differentiation** | | | |
| *Enrichment* |  | *Accomodations* |  |
| Written Paragraph:  Explain why social health and mental/emotional health are just as important as physical health when determining an individual’s level of overall wellness. |  | \*Preferential Seating  \*Small Group and/or One on One Assistance  \*Printed Slides with area for notes  \*Extended time for work completion |  |

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